

Bringing so much to the Community through Cycling

Our B.I.G. Highlights

Bluewater Cycling Organization - Not for profit corporation that controls B.I.G. Have over 1000 riders & 200 volunteers Run 24 weekly training/info rides - 300 cyclists attend Fund Lambton Palliative Care Retreat – 200 participants attend Fund local Palliative Care seminars – 100 participants attend B.I.G. Bites on Bikes - 1000 meals delivered to front line workers Fund Palliative Care workers to attend world renowned conferences \$200,000 raised for continued Palliative Care education w/Bluewater Health & St. Joseph's Hospice

"The B.I.G. Cycle Of Life"

45 min documentary showing the connection between a cycling community and Palliative Care Striving to secure a National Sponsor to ensure this documentary is seen by all Canadians free of charge Living well and dying well in our community

Lambton Palliative Care Retreat

2-day Palliative Care conference featuring world renowned speakers 2021 Virtual Conference - "A Day with Legends and Pioneers in Palliative Medicine"

Training Rides

Monday nights for 12 weeks before B.I.G. - attended by 70 novice riders Wednesday nights for 12 weeks before B.I.G. - attended by 230 experienced riders These rides include a focus on health & wellness, nutrition, safety and camaraderie

"Share the Road" Initiative

Being carried out in conjunction with the City of Sarnia Initially 120 Share the Road signs being placed in strategic locations A social media education campaign will begin late June 2021 Similar programs being planned with all 11 municipalities in Lambton County Tourism Sarnia Lambton are on board and ready to actively promote

School Education Seminars

Partnership with the Lambton Kent District School Board, hosting online, cycling education seminars Volunteer lead, enriching program for our youth and families in the community Rules of the road, bike safety, proper bicycle maintenance, hand signals, helmet fitting, Q&A's Over 3200 Grade K-8 students in Lambton/Kent have participated in this program, June 2021

Cycle Sarnia

Aggressively pursue and help fund cycling paths throughout Sarnia

Encourage and help fund commuter cycling

Encourage safe cycling on roads & trails

Advocate for a more environmentally friendly community

Create a Bike Hub - one space for cyclists of all disciplines to socialize, learn, conduct bike maintenance on-site

INFO@BIGF.CA

WWW.BIGF.CA